

2026 ANNUAL SUMMIT

SPONSORSHIP OPPORTUNITIES

Strength in Motion:
Reimagining Health
Through Community,
Policy, and Partnership



Thursday,
September 24 –
Friday, September
25, 2026



Fort Pontchartrain,
Detroit, MI



ABOUT THE EVENT

For 16 years, the Movement Is Life National Health Summit—previously known as the Caucus—has been situated in Washington, D.C., serving as a powerful national convening of cross-sector leaders, practitioners, researchers, policymakers, and community voices united by a shared commitment to improving health, mobility, and quality of life for women and girls—particularly those historically underserved by healthcare systems. **Now held in Detroit, Michigan, on September 24–25, 2026**, the Summit marks an important evolution in Movement Is Life’s journey. Anchoring this year’s convening in Detroit reflects a strategic commitment to grounding our work in a community with deep leadership, complex health challenges, and strong potential for innovation. Establishing Detroit as a foundational hub strengthens our ability to serve women across Michigan while building the infrastructure needed to support and scale our national programs. This year’s theme, “Strength in Motion: Reimagining Health Through Community, Policy, and Partnership,” underscores how place-based work can inform broader systems change and extend impact well beyond a single region.

As Movement Is Life enters a period of organizational growth and evolution, the 2026 Summit represents a pivotal moment. It offers a unique opportunity for stakeholders to come together to reflect on our collective impact and help shape the future direction of the Movement is Life ecosystem.

Through bold dialogue, community-grounded sessions, and immersive experiences, participants will:

- Celebrate the women at the heart of Movement is Life’s mission
- Examine movement as a pathway to improved function, resilience, and well-being
- Elevate community-centered solutions across research, policy, and practice
- Strengthen authentic, cross-sector collaboration

This special edition of the Summit will also feature:

- The PowHer Pitch Competition, spotlighting women-led health and wellness innovation
- National Poster Presentations, amplifying both academic research and community-based initiatives



OUR WHY

AT THE HEART OF OUR MISSION

Movement Is Life improves health outcomes by addressing mobility across the lifespan — with a dedicated focus on women aged 45 and older. We support women navigating midlife and aging with the tools, resources, and community they need to move well, live fully, and thrive.



WE BELIEVE MOBILITY MEANS MORE THAN MOVEMENT

- **Access** to care and information
- **Connection** to community and support
- **Confidence** in one's body and health
- Agency to make **informed, sustainable** choices



THE CHALLENGES WOMEN FACE

Many women in this stage of life encounter:

- Perimenopause and menopause-related changes
- Chronic pain and joint deterioration
- Declining strength and physical function
- Social isolation
- Limited access to culturally responsive healthcare

These barriers are often compounded by gaps between health systems and real-life experience.



HOW MOVEMENT IS LIFE DELIVERS IMPACT

We meet women where they are through community-centered, practical, evidence-based strategies that strengthen function, build confidence, and support women in making sustainable changes over time. Our work is designed to empower women as active participants in their health, supported by community, informed by evidence, and connected to systems that influence care and policy.

OUR SIGNATURE INITIATIVES

- **Operation Change** - hands-on, accessible mobility and strength programs
- **Health Disparities Podcast** - education, storytelling, and advocacy around equity in health

That is why we MOVE and why partnership matters. Through collaborative relationships, shared learning, and informed advocacy, Movement Is Life works to create environments where women can age with strength and dignity. **We invite our partners and sponsors to join us in advancing solutions that move beyond awareness and toward lasting change.**



SPONSOR LEVEL DETAILS

FLEXIBLE SPONSORSHIP LEVELS TAILORED TO YOU

Your partnership helps ensure broad representation, expanded access, and meaningful engagement—while advancing a shared commitment to improving health outcomes for women and girls nationwide. We offer a range of sponsorship opportunities designed to create visibility, deepen impact, and foster long-term collaboration.

We would be honored to explore how your organization can be part of this movement.

\$25,000 **1 AVAILABLE**

PRECISION HEALTH PARTNER

- Premier recognition as the Precision Health Partner of the Summit
- Title sponsor of The Health Disparities Podcast episode with a featured guest spot
- On-stage opportunity to introduce a keynote or plenary alongside an MIL board member
- Recognition at opening and closing,
- 8 Complimentary Summit Tickets & Invitation to the VIP Reception Wednesday Evening
- Opportunity to provide approved branded item for attendees
- Post-event impact report

\$15,000

EQUITY IN ACTION CHAMPION

- Recognition as the Equity in Action Champion
- Featured guest spot on The Health Disparities Podcast
- Opportunity to introduce a panel or speaker
- Opportunity to provide approved branded item for attendees
- Title Sponsor of an Episode of The Health Disparities Podcast
- 6 complimentary Summit Tickets & Invitation to the VIP Reception Wednesday Evening
- Post-event impact report

\$10,000

WHOLE HEALTH ADVOCATE

- Recognition as a Whole Health Advocate sponsor
- Featured Guest Spot on The Health Disparities Podcast
- Opportunity to provide approved branded item for attendees
- 5 Complimentary Summit Tickets & Invitation to the VIP Reception Wednesday Evening
- Onstage opportunity to introduce a panel or speaker
- Post-event impact report

\$5,000

MOBILITY & MOVEMENT ALLY

- Recognition as a Mobility & Movement Ally sponsor
- Opportunity to provide approved branded item for attendees
- Acknowledgment during opening and closing
- 4 Complimentary Summit Tickets & Invitation to the VIP Reception Wednesday Evening
- Post-event impact report

\$2,500

COMMUNITY CARE CATALYST

- Recognition as a Community Care Catalyst sponsor
- Opportunity to provide approved branded item for attendees
- Acknowledgment during Opening and Closing
- 2 Complimentary Summit Tickets & Invitation to the VIP Reception Wednesday Evening
- Post-event impact report

\$1,000

PREVENTION PARTNER

- Recognition as a Prevention Partner sponsor
- Opportunity to provide approved branded item for attendees
- 1 Complimentary Summit Ticket & Invitation to the VIP Reception Wednesday Evening
- Post-event impact report



LET'S CONNECT

BECOMING A SPONSOR IS EASY!

Sponsor Payments at: [2026 MIL Summit - Givebutter](#)

We can accept other forms of payments such as Checks and Zelle.
Just Ask!

More Questions?

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🌐 [Visit the 2026 Summit Page HERE!](#)